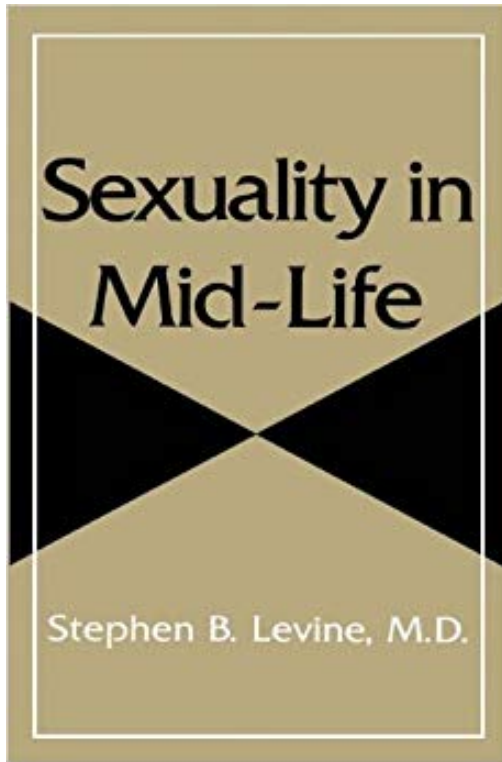


## Sexuality in Mid-Life by Stephen B. Levine



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**Author:** Stephen B. Levine

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I wrote *Sexuality in Mid-Life* to assist clinicians in considering love, sex, intimacy, and dysfunction as they occur in this epoch of the life cycle. The chapters reflect my belief that understanding the processes of living is vital for both the therapist and the patient. Despite my preoccupation with creating a cohesive book, I often thought of these 11 chapters as essays because in this prose form it is traditional for the author to be palpably present in the text. I tried not to hide behind the passive constructions of typical psychiatric books. I wanted to create a book that did not restrict itself to scientific findings, clinical experiences, or ideological traditions. I wanted to discuss relevant issues that were generally avoided by professionals. In approaching the topics of love, extramarital affairs, and menopause, for instance, I hoped to emphasize the developmental potentials inherent in both mid-life's smooth sailing and its underappreciated adversities. *Sexuality in Mid-Life* is my third solo-authored book. During the writing of the first two, I thought I was painting a picture of the life cycle of sexuality. When a young woman said something complimentary to me about *Sex Is Not Simple* and quickly added that I had left out any consideration of the sexuality of pregnancy, I was stunned by my oversight.



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