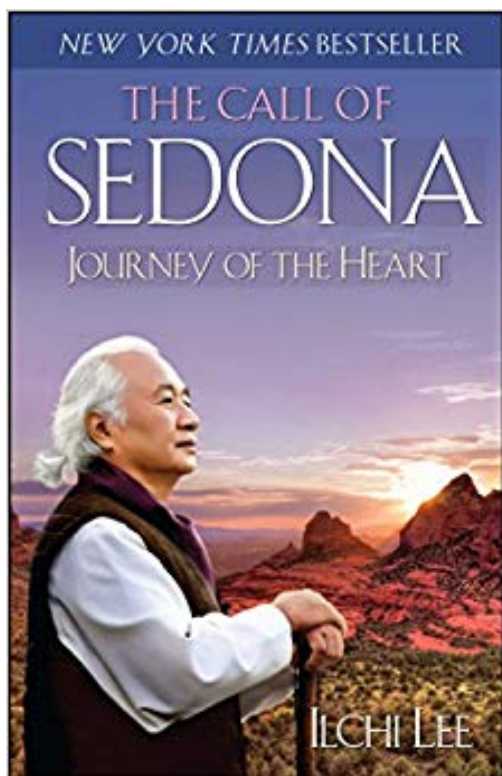


The Call of Sedona: Journey of the Heart *by* Ilchi Lee



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This richly illustrated New York Times bestseller and word-of-mouth-phenomenon takes readers on a journey through the magical landscape of Sedona, illuminating the path to self-discovery and opening readers to a higher purpose and potential—from one of the world's most renowned meditation teachers. *The Call of Sedona* speaks to anyone seeking greater fulfillment and deeper meaning in their lives. With practical advice on meditation and profound insights on the healing power of the earth, this book gives you the guidance you need to embark on your own journey of the heart. If you haven't been to Sedona, this book will urge you to travel to this blessed place. If you have been to Sedona—or even if you live there now— this book will deepen the love you hold for the wonders of the land. Wherever you are, let this book show you how to experience the spirit of Sedona and make a true connection with your heart.



Reviews of the [The Call of Sedona: Journey of the Heart](#) *by* Ilchi Lee

RUsich155

Ilchi Lee in *The Call of Sedona, Journey of the Heart*, encourages us to take part in the beautiful dream that Sedona gives through its connection with the Earth--red rocks, green juniper trees and water rushing through Oak Creek. The dream of peaceful world is especially vivid right after commemorating the ten year anniversary of 9/11 in America and questioning again how this could have happened. We prayed for peace so that events like that never repeats and lives do not have to be lost meaninglessly and violently but realizing the hard truth that many lives are being lost to violence and these events are repeating in the world daily. The book gave me hope for humanity and the Earth and inspiration to always keep my eyes and ears open for opportunities to participate in that dream of peace and becoming one with that dream. I hope you will be able to find the dream that lends meaning and value to your daily life through this book. I am truly grateful for Ilchi Lee's tribute to Sedona and teaching us how to find peace and joy in living on earth.

Ynap

I finished this book back in September and loved it - in fact, the day after finishing, I bought 3 more copies - for my parents and sister as Christmas gifts. The journey of this man's travels to different places in Sedona and the surrounding areas is absolutely inspiring, both his struggles and successes. It is a very beautiful story/biography about this man's spiritual journey in the South West. Furthermore, I have never read another book that captures the spirit and feel of the land (physically and atmospherically) so well as in this book. I have been to Sedona many times since I was a child, and I have to say, that this book captures its essence in a way that both those who have been to Sedona and those who have never been there can appreciate.

On a side note -

My dad, who reads extensively, finished "The Call of Sedona" back in December and ever since, he has not stopped texting me and telling me how wonderful it is and that he keeps going back to different passages that he enjoyed and felt inspired by - ergo - it makes an excellent gift.

My whole family and I have found it to be quite inspiring, and I personally, found the meditations in the latter half of the book to be very calming and effective, even at home in good old New England.

2 thumbs up!

Gardataur

The Call of Sedona was a captivating and inspirational book as if written by, and from, the soul of Ilchi Lee. His words came alive through the superb photos of the major vortex centers, sunrises and sunsets, natural wonders, flowers and plants in every color imaginable and of the spectacular red rock mountains in and around Sedona. He shared the journey his enlightenment has taken him that led him to Sedona some 15 years ago where the Call of Sedona inspired a dream in him of humanity uniting as one nation dedicated to saving and preserving the earth that we all share and call home.

I recommend this book to anyone who has ever felt, no matter how good or how bad their life may be, a deep yearning to ask "who am I" and "why am I here"? as Ilchi Lee did as a child and young adult prior to finding the answers high up on a mountaintop in Korea.

Nekora

"Call of Sedona: A Journey of the Heart": I recommend this book to anyone. It's much more than a guide to beautiful sites in Sedona, Arizona. In it is the wisdom of Ilchi Lee who discovered Sedona's healing powers for himself on his journey to heal mankind. To Ilchi Lee, Sedona is in a way a metaphor for life. Along this journey that Lee weaves, you will be inspired to think about your own personal journey. And as if inspiration were not enough, this book contains practicable advice and methods of healing through meditation, all of which are explained within its covers.

I have read "Call of Sedona" several times as each time I glean new wisdom. I thoroughly enjoy reading and re-reading "Call of Sedona : A Journey of the Heart".

Framokay

I just recently visited Sedona for the first time in March 2012. I purposely did not purchase this book prior to my visit. Upon my return, I was excited to read the book as I must say I had been planning to visit Sedona for quite sometime. I felt the book was eloquently written in such simplicity, yet with an authenticity and insight to life. It's amazing how similar someone else's life journey is to ours when we are open to connect with a more deeper knowingness. I enjoyed the book from beginning to end and would say to take your time with the book and take it all in. I enjoyed the meditations at the end. If you are on the journey to search your soul and appreciate the authenticity of trusting your intuition and inner voice, this will be an exceptional read.

Dondallon

This is a book for all who view themselves as spiritual beings and seek higher purpose. I thought it was a call to Sedona, the place, but found it was more of a call to my truth, to enlightenment and purpose. I have one on my coffee table and one in my quiet room - useful to open and read just a line or a paragraph which I do frequently. It creates in me an experience of easy prayerful meditation when I'm all alone. Shared with others, it creates circle of thoughts and exploration even after reading just a brief random excerpt. Whenever I sit with this book, I am always refreshed with new energy.

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